# ATTENTION AREA SAILORS! First Coast Sailing Association *FCSA DAY* Workshop – Seminar - Annual Meeting *An Expanded All-Day Agenda* St. Augustine Yacht Club • Saturday - January 23, 2016

(Please respond)

To celebrate the great year we had in 2015, and enhance the value of FCSA for you, we're expanding the annual meeting to a full day of expert knowledge, training, racing tips and support in addition to our annual business meeting and trophy presentation.

### PROPOSED "FSCA DAY" AGENDA

9:00-11:00 a.m.	FCSA Workshops
11:00-Noon	Race Management Seminar
Noon-1:00 p.m.	Lunch
1:00-5:00 p.m.	North U – Racing Tactics with Dave Franzel
5:00-6:00 p.m.	Annual Business Meeting and Officer Elections
6:00-7:00 p.m.	Social Hour
7:00-8:30 p.m.	Dinner and Trophy Presentations

You have the choice of attending any of the meetings, seminars, and lunch, if you like, capped off by a social, dinner and FCSA Annual Trophy presentations. If you are short on time, just come to the afternoon North U course, social and dinner/meeting.

### In either case, don't miss the North U course! Only 50 seats are available.

We had a great year in 2015! FCSA built a strong organization to support continued growth of area sailing; we organized and sponsored our first, very successful, St. Augustine Race Week; and expanded our support of youth sailing.

A purpose of FCSA is to promote interest and education in racing. So, this year our annual meeting will include an afternoon course taught by a top-notch instructor, Dave Franzel from North U. The cost of the North U course: FREE! However, the course will be available to only the first 50 registered attendees.

See the attached flyer for details. To register, please pick one of the two options described on the next page. Each option includes a nominal charge to cover a portion of your meals at St. Augustine Yacht Club. FCSA wants this to be a special day for all area sailors. So here are the options:

<u>Option 1 - Full Day</u>: This includes late morning workshops where you can participate and help us plan our events for 2016. There will be a short course "Race Management" just before lunch. After lunch, starting at 1 pm, we will have the North U course taught by Dave Franzel titled: *"Fast, Smart, and Lucky"*. This 3½ hour course will be followed by a social, dinner and our Annual Meeting during which our Board for 2016 will be elected and the FCSA Annual and Perpetual Trophies will be presented.

This comprehensive day of workshops, instruction, and social, including the North U course, lunch and dinner at the St. Augustine Yacht Club (everything included but your bar tab) is <u>only \$25 for FCSA members, \$30 for non-members</u>. This covers lunch and full sit-down dinner. North U course is <u>free</u> for Option 1 attendees.

<u>Option 2 – Afternoon & Evening</u>: If you skip the morning sessions and lunch, and just attend the North U course, social, and dinner/meeting, the cost is <u>only \$20 for FCSA</u> <u>members, \$25 for non-members</u>. North U course is <u>free</u> for Option 2 attendees.

### For more information, contact Tom Davis at (904) 234-7407.

Register by e-mail: <u>spookboat@att.net</u> Pay when you arrive.

#### ABOUT FIRST COAST SAILING ASSOCIATION

First Coast Sailing Association (FCSA) is a non-profit corporation formed to promote one-design and handicap sailboat racing, with inter-club competition both offshore and inshore, from Jacksonville to Daytona. The Board of Directors is comprised of volunteers from each of the seven member yacht clubs and sailing organizations. These include Epping Forest Yacht Club, St. Augustine Yacht Club, Florida Yacht Club, The Rudder Club of Jacksonville, North Florida Cruising Club, Halifax River Yacht Club and Smyrna Yacht Club. Among the duties of FCSA are: coordinating racing schedules among seven sailing organizations to avoid scheduling conflicts. This allows sailors to participate in as many races as possible without having to miss any. FCSA oversees the Performance Handicap Racing Fleet (PHRF) system in this area by giving all new boats their rating certificates and reviewing all requests for a rating change. In 2014 FCSA changed its bylaws to permit the organization to sponsor races and regattas. St. Augustine Race Week is the first such large regatta the organization has sponsored. FCSA also provides instruction in racing rules and sailboat racing management for its member clubs.

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#### Our mailing address is:

First Coast Sailing Association P.O. Box 4446 Hendricks Ave, #227 Jacksonville, FL 32207



## *Fast, Smart, Lucky* North U Seminar Saturday, January 23, 1-5pm at the St. Augustine YC





Boatspeed Boathandling Tactics

## FCSA North U Seminar

North U Coach Dave Franzel will lead a seminar on a mix of Racing topics.

To win races you need to put all the pieces together. This seminar will cover a spectrum of topics to make you Fast, Smart, and Lucky. We'll touch on sail trim, tactics, strategy, rules, and boat handling. You'll learn tricks for better starts; when to cover and when to split; how to catch up from behind and how to protect a lead; mixed fleet tactics; gear shifting tips for better balance and speed upwind; spinnaker trim refinements; Wing & Wing techniques; one-on-one tactics upwind and downwind; plus answers to your questions.

#### **Dave Franzel**

Seminar leader Dave Franzel is a champion racer and veteran coach. With 4 decades of teaching experience, Dave keeps the focus on your sailing, not his sea stories. Dave's racing experience covers the spectrum from dinghies to Fifties, bow to helm, and ponds to oceans. Graduates of his programs are winning races in fleets from coast to coast.

