

THE RUDDER CLUB of JACKSONVILLE, Inc. presents:

“THE WOMEN ON WATER REGATTA” - WOMEN’S SAILING SERIES #4 of 4  
**Saturday, November 3, 2007**

**NOTICE OF RACE**

**RULES**

The Regatta will be governed by *The Racing Rules of Sailing* (RSS), the prescriptions of US Sailing, the rules of PHRF and this NOR. These may be altered by the sailing instructions.

**ELIGIBILITY**

- 2.1 All female crews are encouraged to register. Competitor’s requirements for mixed crew eligibility sailings are: at least 50% of those aboard shall be female and the boat must be helmed by a female from the preparatory signal until that boat finishes.
- 2.2 All boats must have a valid PHRF rating from First Coast Sailing Association.  
Boats not having a valid rating may obtain an uncontestable temporary WSS rating.
- 2.3 Participating boats shall have their sail number on the mainsail, spinnakers and headsails with an LP exceeding 130%.
- 2.4 Eligible boats may enter by completing registration with the Rudder Club, which is the organizing authority.

**CLASSES**

- 3.1 PHRF Spinnaker (All Female), PHRF Non-Spinnaker (All Female), Cruiser-All Female and Cruiser-Mixed Crew.
- 3.2 Boats sailing with a mixed crew (50/50) will sail in the Cruiser-Mixed Crew class.
- 3.3 Spinnakers are allowed in the PHRF Spinnaker All Female Class only.
- 3.4 The following restrictions on the number of boats apply: A minimum of 3 registered yachts is necessary to constitute a class.

**SCHEDULE OF EVENTS**

- 4.1 Friday, November 2: Complimentary docking at Rudder Club the night prior to the race.
- 4.2 **Saturday, November 3: 10:00-11:00 Registration; 12:00 Competitors Meeting; 1:00 Start**

ASAP Awards presentation (soda, munchies and beer – cash bar)

**ENTRY FEE/REGISTRATION**

- 5 Entry fee is \$25. Mail check payable to The Rudder Club and accompanied by an entry form (from The Rudder Club’s website <http://www.rudderclub.com> or the form at <http://www.sailjax.com>.) Boats may also register between the hours of 10:00 thru 11:00 am on the day of the race.

**SAILING INSTRUCTIONS**

- 6 Sailing instructions will be available before the competitors meeting on the day of the race.

**COURSES**

- 7 Courses will be described in the Sailing Instructions.

**SCORING THE RACE**

- 8.1 Each boat starting and finishing the race, and not thereafter retiring or being disqualified, will be scored points equal to her finishing place in class.
- 8.2 Boats not so scored shall be scored according to the Racing Rules of Sailing Appendix A.
- 8.3 The lowest score wins.
- 8.4 Results of this race will be forwarded to the Northeast Florida Women’s Sailing Network for inclusion in the computation for Series scoring.

**RACE PRIZES**

- 9 First, second and third place prizes will be awarded in classes with five or more boats. Fewer prizes may be awarded in classes with fewer than five boats.

**RACES IN THE WOMEN’S SAILING SERIES 2007**

10	The Wave Regatta	May 12	Navy Jacksonville Yacht Club
	The Jessie Ball Regatta	June 9	Epping Forest Yacht Club
	Hands On The Helm	Oct 6	North Florida Cruising Club
	Women On Water	Nov 3	The Rudder Club

**INFORMATION**

Contact: The Rudder Club  
8533 Malaga Avenue  
Orange Park FL 32073  
904-264-4094  
<http://www.rudderclub.com>



# THE WOMEN ON WATER REGATTA

Women's Sailing Series #4 of 4  
Saturday, November 3, 2007

**The Rudder Club of Jacksonville, Inc.**  
8533 Malaga Avenue, Orange Park, FL 32073 (904) 264-4094

## SAILING INSTRUCTIONS

**1. RULES** The regatta will be governed by *The Racing Rules of Sailing* (RRS), the prescriptions of the US SAILING, the rules of participating classes, the rules of PHRF, (except as any of the foregoing are altered by these Sailing Instructions); and by these Sailing Instructions. The Regatta is designated Category A.

**2. ENTRIES** Eligible yachts are those who have officially entered by completing a registration form with the Rudder Club in advance or during the registration period as set forth in the Notice of Race. Appendix P (Definitions for Competitor Eligibility) of the RRS will be in effect for this regatta. Group US1 and Group US2 competitors are eligible to compete. Display of sail numbers shall be in accordance with class rules.

### 3. SAFETY

3.1 All competitors are required to conform to the U.S. Coast Guard regulations and the RRS concerning personal floatation devices and other required equipment. All yachts are reminded that under fundamental rule 4 "A boat is solely responsible for deciding whether or not to start or to continue racing."

3.2 Yachts shall not impede the passage of a vessel that can safely navigate only within a narrow channel, or commercial fishing vessels while fishing or vessels with restricted ability to maneuver. Racing yachts interfering with other vessels may be subject to protest by the Race Committee or contestants and possible disqualification.

### 4. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the north wall of The Rudder Club.

### 5. CHANGES IN THE SAILING INSTRUCTIONS

Any change in the Sailing Instructions will be posted before 1200 on the day of the race.

### 6. SIGNALS MADE ASHORE

6.1 Signals made ashore will be displayed from the flagpole located on the north side of the Rudder Club.

6.2 Code Flag "AP", Answering Pennant, displayed ashore with two sound signals (one when lowered) means "The race is postponed: do not leave the dock." The warning signal will be made not less than 45 minutes after AP is lowered.

### 7. SCHEDULE OF RACE

7.1 November 3, one distance race for PHRF classes.

7.2 Class divisions and their Class flags shall be announced and posted at the competitors meeting.

### 7.3 SCHEDULE OF EVENTS

**Date:** November 3, 2007  
**Registration:** 10:00 - 11:00 am  
**Sailors meeting:** 12:00 noon  
**Warning signal for first class:** 1:00 pm

### 8. FEES

8.1 \$25.00 Entrance fee. Rudder Club member's fees are paid in advance. \$5.00 discount for those with

current US Sailing membership.

## **9. RACING AREA**

9.1 The racing area will be in the St. Johns River between the Buckman Bridge to the south and the Fuller Warren Bridge to the north as depicted on NOAA Chart 11492.

## **10. THE COURSE**

10.1 Race courses will be announced at the sailor's meeting.

## **11. MARKS**

11.1 Marks may be either government navigation marks as depicted on NOAA Chart 11492 (as corrected by Notices to Mariners), FCSA Race Mark E or orange/ yellow tetrahedrons. Government marks will be designated by their number as appearing on the chart.

11.2 The Start line will be a line between an orange flag flown on the Race Committee Boat and a mark set toward the left side of the course from the RC boat.

11.3 The Finish line will be a line between an orange flag flown on the Race Committee Boat and a mark set toward the left side of the course from the RC boat.

## **12. START**

12.1 Races will be started using the starting system RRS. Class flags will be announced at the sailor's meeting.

12.2 Yachts whose warning signal has not been made shall keep clear of the

starting area.

## **13. CHANGE OF COURSE AFTER THE START**

13.1 A change of course will be signaled near the mark beginning the leg being changed by a race committee boat that will display code flag "CHARLIE" and sound a horn periodically per rule 33.

## **14. TIME LIMIT**

14.1 The time limit shall be 3 hours for each class. Yachts failing to finish within 45 minutes corrected time after the first yacht of their class finishes will be scored "Did Not Finish" (DNF).

## **15. PROTESTS**

15.1 Protests shall be written on forms available at The Rudder Club. They shall be filed with the Regatta Chairman. Protest time will end one hour after the Race Committee boat docks. Protests will be heard in the approximate order received.

15.2 Protest notices will be posted on the Official Bulletin Board within 10 minutes following the protest time limit.

## **16. SCORING**

16.1 The Low Point scoring system of Appendix A will apply.

**17. PRIZES** Results will be announced at The Rudder Club following the race. First, second, and third place prizes will be awarded (for five or more boats).